

Townshend Hockey Skating Systems LLC Summer Hockey Skating School Packing List

Please review the list below carefully. This list is provided to ensure your child is prepared and properly equipped while at camp.

Important General Information:

- It is critical that all of your child's equipment and personal items are clearly labeled.

- We require that your child wear a Townshend Hockey issued t-shirt and shorts while at camp. This is to ensure your child's safety. Your child will be issued 2 t-shirts and 1 pair of shorts at check in. If your child has previously provided Townshend Hockey clothing items, it is recommended that they bring those items to camp.

Personal Items:

- Hand Sanitizer**
- Reusable Water Bottle (with straw preferred) (2)**
- Yoga or soft workout mat (clearly labeled)**
- 24 inch foam roller**
- Sunscreen**
- Personal Care/Toiletry items including moleskin or 2nd skin if prone to blisters**
- BathTowel & Shower Shoes for rink**
- Hat**
- Sneakers suitable for dryland training**
- Personal Medications*****
- Healthy Snacks Individually wrapped**

Hockey Related Items:

- Hockey Undergarments**
- Hockey Helmet**
- Hockey Socks (At least 5 pair if boarding)**
- Hockey Neck Guard**
- Hockey Chest Protector**
- Hockey Elbow Pads**
- Hockey Pants/Girdle**

- Hockey Protective Cup
- Hockey Shin Guards
- Hockey Skates (extra steel when appropriate)
- Hockey Stick (2) Off Ice Hockey Stick (1)
- Hockey Gloves
- Goalie Pads (if applicable)
- Glove/Blocker (if applicable)
- Extra Skate Laces
- Mouth Guard (2)

Boarding Students:

- Bedding
- Traditional Socks (5)
- Undergarments (5 or more)
- Townshend Shorts or Red/Black Shorts (if returning student)
- Townshend T-Shirt or Red/Black T-Shirt (if returning student)
- Pajamas (2)
- Slides, Crocs or Flip Flops (1)
- Long sleeve dry fit shirt (2)
- Rain layer (1)
- Personal Care/Toiletry Items for dorm
- Bath Towels for Dorm
- Healthy Snacks, Water or Gatorade for Dorm

- Each dorm room has a small refrigerator for student use.
- Bedding and additional supplies can be made available for students traveling internationally and domestically by airplane. Please contact townshendhockeyparents@yahoo.com with any specific needs.

****ALL MEDICATIONS MUST BE IN ORIGINAL BOTTLE / PACKAGE****

NO TOBACCO PRODUCTS OF ANY KIND ARE ALLOWED AT ANY OF OUR PROGRAMS.

It is up to you and your child if they will bring cash or debit/credit cards. THSS is not responsible for any lost or stolen items. Please bring a photocopy of your insurance card

for each camper and please note that all forms must be completed before any camper can participate in camp. There are no exceptions to this policy.