

Townshend Hockey Skating Systems LLC Summer Hockey Skating School Packing List

Please review the list below carefully. This list is provided to ensure your child is prepared and properly equipped while at camp.

Important General Information:

- It is critical that all of your child's equipment and personal items are clearly labeled.
- We require that your child wear a Townshend Hockey issued t-shirt and shorts while at camp. This is to ensure your child's safety. Your child will be issued 2 t-shirts and 1 pair of shorts at check in. If your child has previously provided Townshend Hockey clothing items, it is recommended that they bring those items to camp.
- If you wish to order an additional set of clothing you may do so by clicking this [link](#). Please note that all orders must be placed by 4/3/2025

Personal Items:

- Hand Sanitizer
- Reusable Water Bottle (with straw preferred) (2)
- Yoga or soft workout mat (clearly labeled)
- 24-inch foam roller
- Sunscreen
- Personal Care/Toiletry items including moleskin or 2nd skin if prone to blisters
- Bath Towel & Shower Shoes for rink
- Hat
- Sneakers suitable for dryland training
- Personal Medications***
- Healthy Snacks Individually wrapped

Hockey Related Items:

- Hockey Undergarments
- Hockey Helmet
- Hockey Socks (At least 5 pair if boarding)
- Hockey Neck Guard
- Hockey Chest Protector
- Hockey Elbow Pads
- Hockey Pants/Girdle
- Hockey Protective Cup
- Hockey Shin Guards
- Hockey Skates (extra steel when appropriate)
- Hockey Stick (2) Off Ice Hockey Stick (1)

- Hockey Gloves
- Goalie Pads (if applicable)
- Glove/Blocker (if applicable)
- Extra Skate Laces
- Mouth Guard (2)

Boarding Students:

- Bedding *If you are flying, you can rent linen for \$10/week by clicking [here](#).
- Traditional Socks
- Undergarments
- Townshend Shorts (if returning student)
- Townshend T-Shirts (if returning student)
- Pajamas
- Slides, Crocs or Flip Flops
- Long sleeve dry fit shirt
- Rain layer
- Personal Care/Toiletry Items for dorm
- Bath Towels for Dorm
- Alarm Clock
- Healthy Snacks, Water or Gatorade for Dorm (No energy drinks please)
- Fan (Dorm is not air conditioned). *If you are flying, you can rent a fan for \$10/week by clicking [here](#).
- Each dorm room has a small refrigerator for student use

****ALL MEDICATIONS MUST BE IN ORIGINAL BOTTLE / PACKAGE****

NO TOBACCO PRODUCTS OF ANY KIND ARE ALLOWED AT ANY OF OUR PROGRAMS.

It is up to you and your child if they will bring cash or debit/credit cards. THSS is not responsible for any lost or stolen items. Please bring a photocopy of your insurance card for each camper and please note that all forms must be completed before any camper can participate in camp. There are no exceptions to this policy.